



MICHELLE'S PILATES PLACE
TERM 1 TIMETABLE 2019 - BOOKINGS ESSENTIAL
Tuesday 29th January to Friday 13th April 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7.30am	Basic-Intermediate (North Avoca S.C.)				Intermediate (North Avoca S.C.)
8.30am			Beginner- Basic (North Avoca S.C.)		
9.30am	Beginner- Basic (North Avoca S.C.)	Pilates Ball + Small Apparatus (North Avoca S.C.)		Beginner- Basic (North Avoca S.C.)	Beginner-Basic (North Avoca S.C.)
10.30am				Mums & Bubs (North Avoca S.C.)	
6.00pm	Intermediate (Wagstaffe)		Intermediate (North Avoca S.C.)	Intermediate (North Avoca S.C.)	
	Beginner-Intermediate (Copacabana S.C.)		Beginner-Intermediate (Umina S.C.)		
7.00pm			Beginner- Basic (North Avoca S.C.)		

VENUES:

North Avoca: North Avoca Surf Club on North Avoca Pde
Wagstaffe: Wagstaffe Hall on Wagstaffe Ave

Umina: Umina Surf Club on Ocean Beach Road
Copacabana: Copacabana Surf Club on Del Monte Place

COST Term 4:

11 Week Term: \$165 - 1 class per week, \$265 - 2 classes per week

If you miss a class, please use this timetable to attend makeup classes at your level within the term

Method of payments: Electronic funds transfer (EFT) Or Credit Card - available through the website www.michellespilates.com.au
 Or cash/cheque prior to enrolment

Phone: 4384 5005 Or 0425 224 532

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