

# PILATES

## Casual Classes

17<sup>th</sup>-26<sup>th</sup> April 2018



**North Avoca Surf Club**  
Tuesdays: 9.30 - 10.30 am  
Thursdays: 9.30 - 10.30 am

\$15.00 per class

Term 2 Commences  
Monday 30<sup>th</sup> April  
Offering a full timetable  
of class levels

**Ph: 4384 5005**  
**0425 224 532**

E: [info@michellespilates.com.au](mailto:info@michellespilates.com.au)  
W: [www.michellespilates.com.au](http://www.michellespilates.com.au)

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