



MICHELLE'S PILATES PLACE
TERM 4 TIMETABLE 2017 - BOOKINGS ESSENTIAL
Monday 9th October - Friday 15th December

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7.30am					Intermediate (North Avoca S.C.)
8.30am			Beginner- Basic (North Avoca S.C.)		
9.30am	Beginner- Basic (North Avoca S.C.)	Pilates Ball + Small Apparatus (North Avoca S.C.)		Beginner- Basic (North Avoca S.C.)	Intermediate (North Avoca S.C.)
10.30am				Mums & Bubs (North Avoca S.C.)	
6.00pm	Intermediate (Wagstaffe)	Beginner- Basic (North Avoca S.C.)	Intermediate (North Avoca S.C.)	Intermediate (North Avoca S.C.)	
	Beginner-Intermediate (Copacabana)		Beginner-Intermediate (Umina S.C.)		
7.00pm			Beginner- Basic (North Avoca S.C.)		

VENUES:

North Avoca: North Avoca Surf Club on North Avoca Pde **Umina:** Umina Surf Club on Ocean Beach Road
Wagstaffe: Wagstaffe Hall on Wagstaffe Ave **Copacabana:** Copacabana Public School on Pueblo St

COST Term 4:

10 Week Term: \$150 - 1 class per week, \$240 - 2 classes per week
If you miss a class, please use this timetable to attend makeup classes at your level within the term

Method of payments: Cheque, cash, bank transfer Or NEW Paypal via the website www.michellespilates.com.au

Phone: 4384 5005 Or 0425 224 532

Email: info@michellespilates.com.au