



**MICHELLE'S PILATES PLACE**  
**TERM 4 TIMETABLE 2017 - BOOKINGS ESSENTIAL**  
**Monday 9th October - Friday 15th December**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7.30am					Intermediate (North Avoca S.C.)
8.30am			Beginner- Basic (North Avoca S.C.)		
9.30am	Beginner- Basic (North Avoca S.C.)	Pilates Ball + Small Apparatus (North Avoca S.C.)		Beginner- Basic (North Avoca S.C.)	Beginner- Basic (North Avoca S.C.)
10.30am				Mums & Bubs (North Avoca S.C.)	
6.00pm	Intermediate (Wagstaffe)		Intermediate (North Avoca S.C.)	Intermediate (North Avoca S.C.)	
	Beginner-Intermediate (Copacabana)		Beginner-Intermediate (Umina S.C.)		
7.00pm			Beginner- Basic (North Avoca S.C.)		

**VENUES:**

**North Avoca:** North Avoca Surf Club on North Avoca Pde      **Umina:** Umina Surf Club on Ocean Beach Road  
**Wagstaffe:** Wagstaffe Hall on Wagstaffe Ave                      **Copacabana:** Copacabana Public School on Pueblo St

**COST Term 4:**

**10 Week Term: \$150 - 1 class per week, \$240 - 2 classes per week**  
*If you miss a class, please use this timetable to attend makeup classes at your level within the term*

**Method of payments:** Cheque, cash, bank transfer Or NEW Paypal via the website [www.michellespilates.com.au](http://www.michellespilates.com.au)

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